

**MENTEE****Bernice Abbeyquaye**

Founder and Chief Executive Officer
Blessed Child Foods Ltd



Ghana

Bernice is the Founder and Chief Executive Officer of Blessed Child Foods Limited. Bernice holds a GCE O-Level Certificate obtained in 1990 and a Diploma in Stenography. She began her career as a Stenographer Secretary at the African Automobile in 1991, and later joined the Institute of Chartered Accountants Ghana (ICAG) as an Administrative Secretary. She then partnered with her husband to operate a family business in commercial printing (Jobsons Business Centre) for 15 years, before discovering her true passion in 1996—to offer healthy and nutritious products to many households. Through further research, she discovered the high protein and mineral content of soybeans and began producing and packaging them for the general market under the brand Blessed Child Foods Limited. Bernice is a member of the Association of Ghana Industries (AGI), where she holds the position of Treasurer in the Food Sector. She is also a member of the Ghana National Chamber of Commerce (GNCCI), the Ghana Enterprise Agency (GEA), and the Organisation of Women in International Trade (OWIT). She currently serves as the National President of the African Women Entrepreneurship Program (AWEP) Ghana Chapter.

Blessed Child Foods Ltd

Founded in 2008, Blessed Child Foods Ltd is an agro-processing company partners with wholesalers and retailers to reach thousands of customers across Ghana. The company now produces 18 additional products. It serves all regions of Ghana and indirectly exports to other West African countries, creating thousands of indirect jobs. The company employs 14 staff (8 female and 6 male). Its product portfolio includes 10 assorted cereals and legume mixes, natural seasonings, ready-to-eat meals, pepper sauces (green and black), brown sugar, and instant beverages (soya and tigernuts). Blessed Child Foods' nutritious products are distributed through wholesalers, supermarkets, retailers, and hawkers—reaching both regional and international markets, and improving access to affordable, nutrient-rich foods.

**MENTOR****Sylvia Donkor**

Procurement Manager
Olam Food Ingredients